

Transportation Problems & Strategies for Overcoming Problems Recalled by Women on Probation and Parole

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Seventy five women shared common problems they encounter using and arranging transportation. These women participated in a special transportation interview. Besides describing difficulties, they also explained strategies they commonly use to overcome these problems. Of the 75 women in the study, 71 reported problems with transportation (most common presented below).

Types and Frequencies of Transportation Problems

Type of Transportation Problem	Percent
<p style="text-align: center;">Coordinating rides</p> <ul style="list-style-type: none"> *Tough to get everyone’s schedules aligned *Don’t want to rely on others or burden others 	24.8%
<p style="text-align: center;">Legal problems & Transportation-related legal costs</p> <ul style="list-style-type: none"> *No license or money to reinstate license *No money to pay for registration or insurance 	16.0%
<p style="text-align: center;">Unreliable vehicle</p> <ul style="list-style-type: none"> *Car breaks down often 	13.3%
<p style="text-align: center;">Unreliable, unavailable, or inadequate bus system</p> <ul style="list-style-type: none"> *Buses take a very long time and have limited service *Bus is tough for many errands (e.g., groceries) 	10.7%
<p style="text-align: center;">Direct cost of transportation</p> <ul style="list-style-type: none"> *No money for bus *No gas money to give to others 	9.9%
<p style="text-align: center;">Unreliable help</p> <ul style="list-style-type: none"> *Never sure if ride will show up *Rides are always late 	9.5%
<p style="text-align: center;">Safety</p> <ul style="list-style-type: none"> *Neighborhood isn’t safe to drive in or walk in 	6.1%

Pro-Social Strategies Women Use to Overcome Transportation Problems

- ✓ **Planning in advance** (Leaving early for an appointment; arranging rides ahead of time with people or agencies)
- ✓ **Building strong support networks** (Having several people lined up as backups)
- ✓ **Utilizing several modes of transportation** (Using own vehicle but having a bus pass in case car won't start)
- ✓ **Living close to services** (Living close to the places she needs to go)
- ✓ **Trading or sharing resources** (Exchanging childcare for a ride to an appointment)
- ✓ **Calling supervision agent** (or others, when she will be late or miss appointment)

Resources Also Utilized by Women on Probation and Parole

- ✓ Gas cards or bus tokens from mental health providers, employment services, etc.
- ✓ Receiving rides from caseworkers, AA/NA support people
- ✓ Accommodating agents, and agencies, when women have transportation troubles
- ✓ Discounts on bus fares

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